



If we don't care... who will?

MESSAGE FROM THE CHAIRMAN

On behalf of the Organizing Committee, I am honored to welcome you all to the “**1st CYSTIC FIBROSIS WORLDWIDE MIDDLE EAST CONFERENCE**” which will be held for the first time in Saudi Arabia on 5-7 December 2011 (10-12 Muharram 1433) in the Postgraduate Center of King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia.

The scientific program has been carefully designed to include topics of special interest to all medical health providers for cystic fibrosis by outstanding authorities in the scientific sessions. Our aim is to raise the awareness of our healthcare providers regarding this common but fatal disease, which is commonly missed and overlooked by many physicians.

The scientific program also included 4 workshops that are aimed to fulfill the needs of different specialties related to CF (Physicians, Geneticists, Scientists, Researchers, Respiratory therapists, Nurses and Nutritionists).

The program will also include live transmission of CF achievers from all over the world to tell their success of fighting this disease and be productive and achievers in their field and will be also transmitted to many countries in the Middle East and Africa.

I would like to express my sincere appreciation to all our participants, our local and international speakers, as well as to our sponsors who have actively contributed to the success of this important endeavor.

Again, I wish everyone a fruitful and fulfilling time during our Conference. Your active participation will give an important boost to the success of this activity. We warmly welcome your evaluation and comments during and at the end of the meeting.

Sincerely,

Hanaa Banjar, MD, FRCPC

Consultant and Head, Section of Pulmonology
Chairman, Organizing Committee
Cystic Fibrosis (CF) World Wide Middle East Conference



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EXECUTIVE COMMITTEE

Dr. Hanaa Banjar

Chairman Organizing Committee for Cystic Fibrosis Middle East Conference
Consultant / Head, Section of Pulmonology
Department of Pediatrics
King Faisal Specialist Hospital & Research Center (KFSH&RC)
Riyadh, Saudi Arabia

Christine Noke

Executive Director
CYSTIC FIBROSIS WORLDWIDE
Worcester, United States

Dr Harry Heijerman

Consultant
Adult Pulmonology
Department of Medicine
Director of The Hague Teaching Hospital
Medical Advisor to the WHO Human Genetics Program

Dr Ian Balfour-Lynn

Consultant
Paediatric Respiratory Medicine
Royal Brompton Hospital
Sydney Street, London



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INTERNATIONAL SPEAKERS



Mr. Mitch Messer
President CF Worldwide
Director at Quality in Practice Pty Ltd
Director at Australian General Practice
Accreditation Limited
Director at Thinking Beyond Pty Ltd
Perth, Western Australia



Christine Noke
Executive Director
CYSTIC FIBROSIS WORLDWIDE
Worcester, United States



Dr Ian Balfour-Lynn
Consultant
Paediatric Respiratory Medicine
Royal Brompton Hospital
Sydney Street, London



Dr Harry Heijerman
Consultant
Adult Pulmonology
Department of Medicine
Director of The Hague Teaching Hospital
Medical Advisor to the WHO Human
Genetics Program



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Dr Anne Munck

Director

Pediatric Gastroenterology
Director of Pediatric CF Center
Paris member of ECFS
Executive Board of Directors



Ms. Sue Wolfe

Chief Paediatric Dietitian
Regional Paediatric Cystic Fibrosis Unit
Ward 25, Clarendon Wing, Leed General
Infirmary LS2 9NS
Appleton Roebuck, York, Yo23 7dq,
England



Dr. Susan Madge

Consultant Nurse
Department of Nursing
Royal Brompton Hospital
UK



Ms. Louise Lannefors

Physiotherapist,
Lund, Sweden.



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LOCAL SPEAKERS

Dr. Hanaa Banjar, FRCPC

Consultant and Head, Section of Pulmonology
Department of Pediatrics
Chairman Organizing Committee for Cystic
Fibrosis Middle East Conference
KFSH-RC
Riyadh, Saudi Arabia

Dr. Khalid Awartani

Consultant
Reproductive Endocrinology & Infertility
Director, Reproductive Endocrinology and
Infertility Fellowship Program
Department of Obstetrics & Gynecology Section
KFSH-RC
Riyadh, Saudi Arabia

Dr. Khaled Manae Al-Kattan

Consultant, Thoracic Surgery
Department of Surgery
Dean, Alfaisal University
KFSH-RC
Riyadh, Saudi Arabia

Dr. Abebe Dejene

Consultant, PSYCHIATRY
Department of MENTAL HEALTH
KFSH-RC
Riyadh, Saudi Arabia

Dr. Serdar Coskun

Section Head
Assisted Reproductive Technology Department
of Pathology & Laboratory Medicine
KFSH-RC
Riyadh, Saudi Arabia

Dr. Michael Steven Timms

Head and Consultant
Head and Neck Surgery
KFSH-RC
Riyadh, Saudi Arabia

Dr. Imran Nizami

Consultant, Adult Pulmonary Medicine
Department of Medicine
King Faisal Specialist Hospital - Riyadh

Dr. Ibrahim Saad Al Mogarri

Consultant
Section of Pulmonology
Department of Pediatrics
KFSH-RC
Riyadh, Saudi Arabia

Dr. Mohammed Al-Sebayel

Consultant, Liver Transplant Surgeon
Medical Director, Liver Transplantation &
Hepatobiliary
KFSH-RC
Riyadh, Saudi Arabia

Dr. Mohd Banemai

Consultant/Section Head
Section of Gastroenterology
Department of Pediatrics
KFSH-RC
Riyadh, Saudi Arabia

Dr. Mohammed Al-Hamed

Saudi Diagnostic Laboratory, Research Center
KFSH-RC
Riyadh, Saudi Arabia

Dr. Wafaa Qubbaj

Clinical Scientist
Assisted Reproductive Technology
Department of Pathology & Lab. Medicine
KFSH-RC
Riyadh, Saudi Arabia

Dr. Tareq Mohammed Al-Ayed

Consultant, Pediatric Intensive Care
Coordinator, Pediatric Health Outreach
Department of Pediatrics
KFSH-RC
Riyadh, Saudi Arabia

Dr. Afaf Al-Saghier

Consultant, Pediatric Endocrinology/Diabetics
Department of Pediatrics
KFSH-RC
Riyadh, Saudi Arabia



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Dr Talal Al Magahmsi

Consultant
Pediatric Pulmonology
KFSH-RC
Jeddah, Saudi Arabia

Dr. Imran Yacoob Nizami

Consultant
Pulmonary Medicine
Department of Medicine
KFSH-RC
Riyadh, Saudi Arabia

Dr. Waleed Saleh

Consultant, Thoracic Surgery
Department of Surgery
KFSH-RC
Riyadh, Saudi Arabia

Mr. Mohammad Al Buqami

Respiratory care services
KFSH-RC
Riyadh, Saudi Arabia

Ms. Zainab Al-Ghamdi

Clinical Dietitian I
KFSH-RC
Riyadh, Saudi Arabia



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SCIENTIFIC PROGRAM

Day 1

05 Dec 2011 (Monday)	TOPICS	PRESENTER
07:00 – 08:15	REGISTRATION / BREAKFAST	
08:15 – 08:30	Welcome address	Dr. Hanaa Banjar/ Chairman of Organizing Committee, KFSH-RC
1ST SESSION		
08:30 – 09:00	Cystic Fibrosis : From Gene to Disease	Dr. Harry Heijerman
09:00 – 09:30	Cystic Fibrosis in Saudi Arabia	Dr. Hanaa Banjar
DISCUSSION		
09:45 – 10:30	Opening Ceremony	
10:30 – 10:45	COFFEE BREAK	
2ND SESSION		
10:45 -11:05	Early Lung Disease : Diagnosis and Monitoring	Dr. Ian Balfour-Lynn
11:05 – 11:30	Treatment of Pulmonary Exacerbations	Dr. Harry Heijerman
11:30 – 12:00	Prevention and Treatment of Chronic Pseudomonas aeruginosa Infection	Dr Harry Heijerman
DISCUSSION		
12:15 – 13:30	LUNCH BREAK	
3RD SESSION		
13:30 – 14:00	Diagnosis and Treatment of Pancreatic Insufficiency (PI)	Dr. Anne Munck
14:00 – 14:20	Distal Intestinal Obstruction Syndrome (DIOS) and Other Gastro-Intestinal Manifestations / Liver Disease	Dr. Anne Munck
14:20 – 14:50	Nutrition from Infancy to Adulthood	Ms. Sue Wolfe
DISCUSSIONS		
15:00 – 15:15	COFFEE BREAK	
4th SESSION		
15:15 – 15:35	European CF Registry	Tele Medicine
15:35 – 15:50	European Standards of Care	Dr. Su Madge
15:50 – 16:50	Six (6) Abstract Presentation(10 min. each) Dr. Asma Al Nuaim / Dr. Maha Al Dabbagh / Dr Ibrahim Janahi	
DISCUSSION		



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SCIENTIFIC PROGRAM

Day 2

06 Dec 2011 (Tuesday)	TOPICS	PRESENTER
1st SESSION		
08:00 – 08:30	Cystic Fibrosis complications (Asthma ABPA, Haemoptysis, Pneumothorax, Pulmonary Hypertension)	Dr. Ian Balfour-Lynn
08:30 - 08:50	Cystic Fibrosis Sinusitis / Nasal Polyposis	Dr. Michael Steven Timms
08:50 – 09:10	End stage Lung Disease (including noninvasive ventilation)	Dr. Tariq Al-Ayed
09:10 - 09:30	Inhaled Therapies (not antibiotics)	Dr. Harry Heijerman
09:30 – 10:00	New Therapies	Dr. Ian Balfour-Lynn
DISCUSSION		
10:15 – 10:30	COFFEE BREAK	
2ND SESSION		
10:30 – 11:00	Cystic Fibrosis Related Diabetes	Dr. Harry Heijerman
11:00 – 11:20	Cystic Fibrosis Relates Osteoporosis	Dr. Ibrahim Al Mogarri
11:20 – 11:40	Result of PGD/IVF at KFSHRC	Dr. Khalid Awartani
11:40 – 12:00	Neonatal Screening (Pros and Cons)	Dr. Ian Balfour-Lynn
DISCUSSION		
12:00 – 13:30	LUNCH BREAK	
3rd SESSION		
13:30 – 14:30	Six (6) Abstract Presentation (10 min. each)	
DISCUSSION		
15:00 – 15:15	COFFEE BREAK	
4th SESSION		
15:15 – 15:35	Adult care of Cystic Fibrosis	Imran Nizami
15:35 – 15:55	surgery and lung transplantation for CF	Dr. Khalid Kattan
15:55 – 16:15	Cystic Fibrosis Liver Transplantation	Dr. Mohammed Al-Sebayel
DISCUSSION		
16:15 – 16:30	DISTRIBUTION OF PRIZES	



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SCIENTIFIC PROGRAM

DAY 3

Parallel to Arabic Cystic Fibrosis Awareness Program

1 st SESSION		
07 Dec 2011 (Wednesday)	TOPIC	PRESENTER
10:45- 12:45	<p>Meet CF Achievers from all over the world/ Expert Panel</p> <p>With live transmission from Australia, Europe and simultaneous Arabic translation</p> <p>Panel of experts</p> <p>Open Discussion with the audience</p> <p>Living with Cystic Fibrosis</p> <p>Adult with Cystic Fibrosis</p> <p>Being a Cystic Fibrosis Parent</p> <p>Mother with Cystic Fibrosis</p> <p>Fighting Back</p>	<p>TBA</p> <p>TBA</p> <p>TBA</p> <p>TBA</p>
12:45 – 13:00	DISCUSSION	



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Workshop Program

Day 1

05 Dec 2011 (Monday)	TOPICS	PRESENTER
10:30 – 12:00	Workshop #1 Cystic Fibrosis Nursing Issues	
10:30 – 10:55	Cystic Fibrosis Nursing – Hygiene and Cross Infection	Dr. Su Madge
10:55 – 11:20	Practical Management of Indwelling Ports and Gastrostomies	Dr. Su Madge
11:20 – 11:45	Success of NGT/ GT feeding in the Saudi population	Dr Mohd Banemai
11:45 – 12:05	Psychological Management of Patients with CF End of Life Stage	Dr Abebe Dejene
Discussion		

05 Dec 2011 (Monday)	TOPICS	PRESENTER
13:30 – 15:00	Workshop #2 State of the Art CFTR Technology	
13:30 – 13:50	Detection of Mutations causing Cystic Fibrosis.	Dr. Mohammed Al-Hamed
13:50 – 14:10	CFTR Gene Modifiers and Polymorphisms	Dr. Mohammed Al-Hamed
14:10 – 14:30	State of the Art Assisted Reproductive Technology Literature Review	Dr Serdar Coskun
14:30 -14:50	Pre-implantation Genetic Haplotyping (PGH): KFSH&RC Experience	Wafaa Qubbaj
Discussion		



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Workshop Program

Day 2

06 Dec 2011 (Tuesday)	TOPIC	PRESENTER
10:30 – 12:00	Workshop #3 Physiotherapy State of the Art	
	Physiotherapy/ Modern Physiotherapy IPG – CF Inhalation Therapy Airway Clearance Techniques Physical Exercise Physiotherapy; Why do patients need therapy daily? What is the best to do at home? How to take care of your equipment at home.	Ms. Louise Lannefors
Discussion		

06 Dec 2011 (Tuesday)	TOPIC	PRESENTER
13:30 – 15:00	Workshop #4 Challenges in CF Nutrition	
13:30 – 13:50	Nutrition & Enzymes: that's where it starts	Ms. Sue Wolfe
13:50 – 14:10	Nasogastric and Gastrostomy feeding in patients with CF	Ms. Sue Wolfe
14:10 – 14:30	Nutritional Management of Patients with CF related Diabetes	Ms. Sue Wolfe
14:30 – 14:50	Management of CF Bone Disease	Dr Afaf Al-Saghier
Discussion		



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Arabic Program/ CF Awareness program

Day 3

07 Dec 2011 (Wednesday)	TOPIC	PRESENTER
1st SESSION		
08:30 – 09:00	Welcome Address	Dr. Hanaa Banjar
09:00-09:20	From gene to disease	Dr. Hanaa Banjar
09:20 – 09:35	CF Nutrition from Infancy to Adulthood	Zainab Al-Ghamdi
Discussion		
2nd SESSION		
09:45 – 09:55	Cystic Fibrosis Lung Transplantation	Dr. Waleed Saleh
09:55 – 10:05	Pre-implantation Genetic Diagnosis and In- vitro Fertilization (PGD/ IVF)	Dr. Khalid Awartani
10:05 – 10:15	New therapies	Dr Hanaa Banjar
Discussion		
10:30 – 10:45	Coffee break	
3rd SESSION		
10:45 – 12:45	<p>Meet CF Achievers from all over the world/ Expert Panel With live transmission from Australia, Europe and simultaneous Arabic translation</p> <p>Panel of experts Open Discussion with the audience</p> <p>Living with Cystic Fibrosis Adult with Cystic Fibrosis Being a Cystic Fibrosis Parent Mother with Cystic Fibrosis Fighting Back</p>	<p>TBA TBA TBA TBA</p>
DISCUSSION		
13:00 – 14:00	Lunch and Prayers	
14:00 – 15:30	<p>Chest Physiotherapy Workshop Postural Drainage PEP mask/ Flutter Chest Vest</p>	<p>Mohammad Al-Bugami Dr Sami Al-Haider Dr Talal Al-Magahmsi</p>
15:30 – 16:00	Distribution of Prizes	